

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 1
19-1-2020 - 13:00

25m vrije slag met koprol

Minioren 4 en later
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|-------------------------------------|---------------------|-----------------|--------|-----------|--------------|----|
| Minioren 4 en later, Meisjes | | | | | | |
| 1. | Romée Smit | MSV-Zeemacht | 20.38 | 201100438 | 19.22 | |
| 2. | Romy Vanderheijden | Oude Veer | 25.15 | 201100650 | 20.27 | |
| 3. | Lina Hani | MSV-Zeemacht | 28.00 | 201001452 | 21.51 | |
| 4. | Elle van Gemeren | DAW | 30.00 | 201100428 | 21.81 | |
| 5. | Ashley Zechner | DAW | 30.00 | 201000774 | 22.20 | |
| 6. | Yuna van den Idsert | DAW | 30.00 | 201001196 | 23.65 | |
| 7. | Hiba Essataa | MSV-Zeemacht | 22.95 | 201000658 | 23.89 | |
| 8. | Minel Haci | WZ&PC Purmerend | 28.00 | 201001317 | 24.63 | |
| 9. | Matilda Rijs | DAW | 30.00 | 201001210 | 25.76 | |
| 10. | Milène de Jong | ZV Haerlem | 35.00 | 201100698 | 26.85 | |
| 11. | Ruth de Vos | MSV-Zeemacht | 35.00 | 201100662 | 27.69 | |
| 12. | Nami van de Ruit | MSV-Zeemacht | 35.00 | 201000660 | 28.24 | |
| 13. | Inge Brugman | MSV-Zeemacht | 30.00 | 201002102 | 28.91 | |
| 14. | Anne de Winter | MSV-Zeemacht | 32.00 | 201200520 | 31.21 | |
| 15. | April van Dijk | ZV Haerlem | 35.00 | 201200268 | 32.24 | |
| NG.ZA | Liva van Groningen | WZ&PC Purmerend | 28.00 | 201200280 | | |
| Minioren 4 en later, Jongens | | | | | | |
| 1. | Mauro Bedeke | DAW | 20.34 | 201000537 | 18.90 | |
| 2. | Franzi Ziegler | DAW | 30.00 | 201100891 | 18.99 | |
| 3. | Mees Kooij | DAW | 30.00 | 201000909 | 23.65 | |
| 4. | Giovanni Wolfgang | MSV-Zeemacht | 29.00 | 201100859 | 24.71 | |
| 5. | Emil Fuchs | MSV-Zeemacht | 29.00 | 201001135 | 25.27 | |
| 6. | Salman Daddah | WZ&PC Purmerend | 28.00 | 201001315 | 25.77 | |
| 7. | Ids Boonstra | MSV-Zeemacht | 35.00 | 201100861 | 32.05 | |
| AFGEM | Sem Hendrixx | MSV-Zeemacht | 29.00 | 201001403 | | |

Programmanr. 2
19-1-2020 - 13:05

Jongens, 100m wisselslag

Minioren 5 en 6
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT | 50m | 100m |
|------|--|-----------------|---------|-----------|----------------|----|-----|---------|
| 1. | Bram Oudendijk | DAW | 1:31.25 | 200900185 | 1:28.27 | | | 1:28.27 |
| 2. | Alex Kuijper | Aquafit | 1:39.06 | 200802137 | 1:30.53 | | | 1:30.53 |
| 3. | Colin Koridon | WZ&PC Purmerend | 1:34.81 | 200900039 | 1:34.99 | | | 1:34.99 |
| 4. | Jens de Mayer | De Reuring | 1:38.75 | 200900775 | 1:36.00 | | | 1:36.00 |
| 5. | Kevin Tambach | De Reuring | 1:51.23 | 200902125 | 1:37.38 | | | 1:37.38 |
| 6. | Hielke Haasbroek | Aquafit | 1:42.68 | 200800529 | 1:39.02 | | | 1:39.02 |
| 7. | Rens Fischer | EZV | 1:51.81 | 200802145 | 1:44.31 | | | 1:44.31 |
| 8. | Harold Hollmann | Aquafit | 1:48.76 | 200802455 | 1:44.40 | | | 1:44.40 |
| 9. | Benjamin Knauf | DAW | 1:49.33 | 200803085 | 1:44.87 | | | 1:44.87 |
| 10. | Chris Louwersheimer | WZ&PC Purmerend | 1:53.54 | 200801849 | 1:45.49 | | | 1:45.49 |
| 11. | Lars Oldenbroek | EZV | 2:00.99 | 200902117 | 1:52.46 | | | 1:52.46 |
| 12. | Jelte Boonstra | MSV-Zeemacht | 2:00.69 | 200901867 | 1:54.06 | | | 1:54.06 |
| 13. | Luca de Vries | EZV | 2:01.94 | 200902787 | 1:54.54 | | | 1:54.54 |
| 14. | Bart de Vries | EZV | 2:57.18 | 200900237 | 2:12.45 | | | 2:12.45 |
| DIS | Joshua van den Idsert | DAW | 1:46.04 | 200801919 | | | | |
| | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | | | | | |
| DIS | Sven van der Veen | Oude Veer | 1:49.05 | 200802719 | | | | |
| | <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | | |

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 3
19-1-2020 - 13:15

Meisjes, 100m rugslag

Minioren 5
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|---------------------|-----------------|---------|-----------|----|-------|---------|
| 1. | Elin Brinkhof | WZ&PC Purmerend | 1:15.35 | 200900078 | | 35.93 | 1:13.84 |
| 2. | Nikki Hofland | MSV-Zeemacht | 1:16.76 | 200900244 | | 38.38 | 1:18.89 |
| 3. | Madeleine Bertram | WZ&PC Purmerend | 1:20.86 | 200900516 | | 39.44 | 1:20.04 |
| 4. | Megan Snoek | DAW | 1:27.95 | 200900888 | | 41.78 | 1:25.67 |
| 5. | Chaya Bremer | MSV-Zeemacht | 1:34.90 | 200900372 | | 43.99 | 1:29.10 |
| 6. | Lieke Schuijl | MSV-Zeemacht | 1:37.08 | 200900924 | | 44.06 | 1:29.48 |
| 7. | Amber Kunst | DAW | 1:29.34 | 200900680 | | 43.59 | 1:30.42 |
| 8. | Jente van Gemeren | DAW | 1:37.20 | 200901738 | | 46.20 | 1:32.68 |
| 9. | Dante van Meene | DAW | 1:36.47 | 200900678 | | 45.47 | 1:33.00 |
| 10. | Patricia de Leu | De Reuring | 1:36.58 | 200900982 | | | 1:34.51 |
| 11. | Flo Streep | DAW | 1:35.02 | 200900676 | | 46.93 | 1:35.14 |
| 12. | Anniek de Jong | ZV Haerlem | 1:36.77 | 200901788 | | 46.92 | 1:38.47 |
| 13. | Tatum Tuihof | Oude Veer | 1:40.71 | 200902488 | | 48.53 | 1:40.38 |
| 14. | Naomi Vanderheijden | Oude Veer | 1:44.61 | 200902486 | | 50.75 | 1:45.27 |
| 15. | Lily van Dijk | ZV Haerlem | 1:46.65 | 200901878 | | 52.20 | 1:47.10 |
| 16. | Esra Pellenkoft | De Reuring | 2:09.56 | 200902504 | | 52.79 | 1:49.79 |
| 17. | Rivka Greuter | ZV Haerlem | 1:55.00 | 200902080 | | 54.73 | 1:49.96 |
| 18. | Jildau Boonstra | MSV-Zeemacht | 1:56.35 | 200902236 | | 53.35 | 1:52.47 |
| 19. | Bente van Heumen | EZV | 2:00.12 | 200903116 | | 55.23 | 1:52.62 |
| 20. | Lynne Vroone | Oude Veer | 2:00.93 | 200901858 | | 56.14 | 1:59.62 |
| AFGEM | Joy Langeveld | ZV Haerlem | 1:40.02 | 200902078 | | | |

Programmanr. 4
19-1-2020 - 13:25

Jongens, 100m vlinderslag

Junioren 1 en 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|------------------|-----------------|---------|-----------|-----|-------|---------|
| 1. | Marnix Rietveld | ZV Haerlem | 1:21.49 | 200700939 | | 36.07 | 1:17.03 |
| 2. | Jan van Dreumel | ZV Haerlem | 1:27.85 | 200600167 | | 41.28 | 1:28.60 |
| 3. | Derek Smit | De Reuring | 1:35.81 | 200702055 | | 41.01 | 1:29.18 |
| 4. | Ayoub El Gueriri | WZ&PC Purmerend | 1:33.67 | 200601911 | | 40.87 | 1:29.30 |
| 5. | Christoph Smit | MSV-Zeemacht | 1:38.95 | 200702629 | S8 | 45.38 | 1:36.59 |
| 6. | Mike Kloth | MSV-Zeemacht | 1:48.43 | 200602015 | | 39.72 | 1:38.72 |
| 7. | Danny van Geffen | MSV-Zeemacht | 1:45.00 | 200602815 | | 46.10 | 1:41.89 |
| 8. | Jesse Putters | EZV | 1:45.88 | 200702515 | | 46.39 | 1:46.45 |
| 9. | Niek Weijdema | Oude Veer | 1:49.95 | 200602009 | | 50.43 | 1:52.26 |
| 10. | Jidde Rademaker | De Reuring | 1:45.58 | 200603619 | | 47.57 | 1:53.22 |
| 11. | Joey Mulder | EZV | 1:54.97 | 200603077 | | 53.35 | 1:55.34 |
| 12. | Lars Mulder | EZV | 1:58.63 | 200603075 | | 54.71 | 1:59.78 |
| AFGEM | Melle Dilweg | De Reuring | 1:19.85 | 200601643 | 230 | | |

Programmanr. 5
19-1-2020 - 13:30

Meisjes, 200m wisselslag

Junioren 1 en 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------|--------------------|-----------------|---------|-----------|----|-------|------|------|---------|
| 1. | Angelina Rolman | WZ&PC Purmerend | 2:35.51 | 200701972 | | 31.91 | | | 2:37.02 |
| 2. | Puck Stassen | ZV Haerlem | 3:01.11 | 200801456 | | 40.78 | | | 2:53.75 |
| 3. | Jennifer de Vries | EZV | 3:13.26 | 200700736 | | 41.76 | | | 3:02.29 |
| 4. | Lucia van Leeuwen | ZV Haerlem | 3:05.29 | 200802016 | | 44.49 | | | 3:03.54 |
| 5. | Thirza Gerritsen | WZ&PC Purmerend | 3:10.79 | 200703532 | | 43.92 | | | 3:09.89 |
| 6. | Kiara Holmstrom | DAW | 3:20.89 | 200700696 | | 46.62 | | | 3:13.70 |
| 7. | Emma Marsman | MSV-Zeemacht | 3:23.84 | 200800814 | | 49.88 | | | 3:16.09 |
| 8. | Pascale Goed | MSV-Zeemacht | 3:20.75 | 200800360 | | 45.39 | | | 3:18.48 |
| 9. | Kim van Wijk | WZ&PC Purmerend | 4:00.12 | 200702536 | | 51.65 | | | 3:19.51 |
| 10. | Tamira Anna Rasban | DAW | 3:26.75 | 200801810 | | 45.52 | | | 3:19.80 |
| 11. | Amelia Symons | DAW | 3:30.00 | 200702130 | | 47.80 | | | 3:21.70 |
| 12. | Lana Damjanic | ZV Haerlem | 3:15.00 | 200803760 | | 46.08 | | | 3:23.70 |
| 13. | Mirthe Kooij | ZV Haerlem | 3:21.48 | 200702242 | | 49.70 | | | 3:24.88 |
| 14. | Nicole Rijsdijk | Oude Veer | 3:30.84 | 200803516 | | 50.60 | | | 3:31.97 |
| 15. | Mara Schooneman | EZV | 3:45.13 | 200704278 | | 53.08 | | | 3:38.05 |
| 16. | Reza de Vos | MSV-Zeemacht | 3:45.00 | 200703550 | | 52.22 | | | 3:38.13 |
| 17. | Kirsten Hartwijk | WZ&PC Purmerend | 3:45.00 | 200704194 | | 51.97 | | | 3:38.46 |

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 5, Meisjes, 200m wisselslag, Junioren 1 en 2

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|----------------------|--------------|---------|-----------|----------------|---------|------|------|---------|
| 18. Kim Stelling | EZV | 3:24.26 | 200803710 | 3:41.89 | 51.35 | | | 3:41.89 |
| 19. Talitha Holtjer | MSV-Zeemacht | 3:47.75 | 200801324 | 3:49.82 | 57.30 | | | 3:49.82 |
| 20. Edi Koning | ZV Haerlem | 2:05.00 | 200803252 | 3:56.30 | 54.99 | | | 3:56.30 |
| 21. Fleur Assendelft | ZV Haerlem | 4:05.00 | 200701576 | 3:57.42 | 56.57 | | | 3:57.42 |
| 22. Annelin Prins | De Reuring | 4:15.00 | 200803532 | 4:08.74 | 59.22 | | | 4:08.74 |
| 23. Yvon Kooij | De Reuring | 4:15.00 | 200803530 | 4:15.23 | 1:05.05 | | | 4:15.23 |
| DIS Lauren Hagenaars | ZV Haerlem | 4:25.00 | 200702244 | | | | | |

AF - De aangegeven afstand niet uitgezwommen., AE

DIS Mare Luijting ZV Haerlem 3:07.06 200802938

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

| | | | | | | | | |
|------------------------------|--------------|---------|-----------|--|--|--|--|--|
| AFGEM Ceylin Heemskerck | MSV-Zeemacht | 3:28.64 | 200800358 | | | | | |
| AFGEM Femke Paus | MSV-Zeemacht | 3:07.18 | 200701772 | | | | | |
| AFGEM Natasja Pranger | MSV-Zeemacht | 3:43.27 | 200801052 | | | | | |
| AFGEM J. Paardehaar Rodrigue | ZV Haerlem | 3:21.09 | 200803278 | | | | | |

Programmanr. 6
19-1-2020 - 13:50

Jongens, 100m rugslag

Minioren 4 en later
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m |
|----------------------|-----------------|---------|-----------|---------------------|---------|---------|
| 1. Mauro Bedeke | DAW | 1:30.53 | 201000537 | 1:27.79 | 42.70 | 1:27.79 |
| 2. Franz Ziegler | DAW | 2:00.00 | 201100891 | 1:44.91 FJ 1 | 49.90 | 1:44.91 |
| 3. Mees Kooij | DAW | 2:00.00 | 201000909 | 1:44.91 FJ 2 | 51.60 | 1:44.91 |
| 4. Emil Fuchs | MSV-Zeemacht | 2:00.00 | 201001135 | 1:55.11 | 56.60 | 1:55.11 |
| 5. Giovanni Wolfgang | MSV-Zeemacht | 2:10.00 | 201100859 | 2:06.57 | 57.92 | 2:06.57 |
| 6. Ids Boonstra | MSV-Zeemacht | 2:25.00 | 201100861 | 2:20.17 | 1:06.02 | 2:20.17 |
| DIS Salman Daddah | WZ&PC Purmerend | 2:00.00 | 201001315 | | | |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

AFGEM Sem Hendrikk MSV-Zeemacht 2:10.00 201001403

Programmanr. 7
19-1-2020 - 13:55

Meisjes, 100m wisselslag

Minioren 4 en later
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------------------------|-----------------|---------|-----------|----------------|-----|---------|
| 1. Romée Smit | MSV-Zeemacht | 1:37.54 | 201100438 | 1:35.35 | | 1:35.35 |
| 2. Elle van Gemeren | DAW | 3:00.00 | 201100428 | 1:43.11 | | 1:43.11 |
| 3. Lina Hani | MSV-Zeemacht | 2:00.94 | 201001452 | 1:51.00 | | 1:51.00 |
| 4. Romy Vanderheijden | Oude Veer | 2:05.85 | 201100650 | 1:52.86 | | 1:52.86 |
| 5. Hiba Essataa | MSV-Zeemacht | 1:55.07 | 201000658 | 1:53.77 | | 1:53.77 |
| 6. Yuna van den Idsert | DAW | 3:00.00 | 201001196 | 1:56.87 | | 1:56.87 |
| 7. Minel Haci | WZ&PC Purmerend | 2:08.03 | 201001317 | 2:04.37 | | 2:04.37 |
| DIS Liva van Groningen | WZ&PC Purmerend | 2:10.00 | 201200280 | | | |

AA - Gestart voor het startsignaal (en wel gezwommen).

DIS Matilda Rijs DAW 3:00.00 201001210

AE - De aangegeven zwemslag niet uitgevoerd.

DIS Ashley Zechner DAW 3:00.00 201000774

VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.

DIS April van Dijk ZV Haerlem 2:10.00 201200268

VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.

DIS Miléne de Jong ZV Haerlem 2:10.00 201100698

VI - Met één hand keer- en/of eindpunt aangetikt., VI + AE

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 8
19-1-2020 - 14:05

Jongens, 400m vrije slag

Minioren 5 en 6
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|-----------------------|-----------------------|---------|---------------|----------------|
| 1. | Colin Koridon | WZ&PC Purmerend | 6:26.06 | 200900039 | 5:59.70 |
| | 50m: 40.18 | 40.18 150m: 2:12.35 | 46.43 | 250m: 3:44.25 | 45.67 |
| | 100m: 1:25.92 | 45.74 200m: 2:58.58 | 46.23 | 300m: 4:30.76 | 46.51 |
| | | | | 350m: 5:16.26 | 45.50 |
| | | | | 400m: 5:59.70 | 43.44 |
| 2. | Jens de Mayer | De Reuring | 6:20.57 | 200900775 | 6:02.54 |
| | 50m: 40.95 | 40.95 150m: 2:13.20 | 47.23 | 250m: 3:47.94 | 47.64 |
| | 100m: 1:25.97 | 45.02 200m: 3:00.30 | 47.10 | 300m: 4:34.00 | 46.06 |
| | | | | 350m: 5:18.70 | 44.70 |
| | | | | 400m: 6:02.54 | 43.84 |
| 3. | Bram Oudendijk | DAW | 6:15.70 | 200900185 | 6:08.55 |
| | 50m: 39.22 | 39.22 150m: 2:13.99 | 47.27 | 250m: 3:48.21 | 46.75 |
| | 100m: 1:26.72 | 47.50 200m: 3:01.46 | 47.47 | 300m: 4:33.74 | 45.53 |
| | | | | 350m: 5:22.35 | 48.61 |
| | | | | 400m: 6:08.55 | 46.20 |
| 4. | Alex Kuijper | Aquafit | 6:23.29 | 200802137 | 6:14.15 |
| | 50m: 39.47 | 39.47 150m: 2:14.72 | 48.50 | 250m: 3:48.72 | 46.84 |
| | 100m: 1:26.22 | 46.75 200m: 3:01.88 | 47.16 | 300m: 4:36.02 | 47.30 |
| | | | | 350m: 5:25.36 | 49.34 |
| | | | | 400m: 6:14.15 | 48.79 |
| 5. | Joshua van den Idsert | DAW | 7:03.07 | 200801919 | 6:55.44 |
| | 50m: 43.84 | 43.84 150m: 2:28.67 | 53.22 | 250m: 4:17.39 | 54.45 |
| | 100m: 1:35.45 | 51.61 200m: 3:22.94 | 54.27 | 300m: 5:11.66 | 54.27 |
| | | | | 350m: 6:05.40 | 53.74 |
| | | | | 400m: 6:55.44 | 50.04 |
| 6. | Kevin Tambach | De Reuring | 7:07.76 | 200902125 | 7:05.27 |
| | 50m: 43.33 | 43.33 150m: 2:30.95 | 54.95 | 250m: 4:21.59 | 55.65 |
| | 100m: 1:36.00 | 52.67 200m: 3:25.94 | 54.99 | 300m: 5:16.88 | 55.29 |
| | | | | 350m: 6:11.89 | 55.01 |
| | | | | 400m: 7:05.27 | 53.38 |
| 7. | Benjamin Knauf | DAW | 7:55.04 | 200803085 | 7:06.71 |
| | 50m: 46.11 | 46.11 150m: 2:37.94 | 56.09 | 250m: 4:28.87 | 54.81 |
| | 100m: 1:41.85 | 55.74 200m: 3:34.06 | 56.12 | 300m: 5:25.32 | 56.45 |
| | | | | 350m: 6:17.64 | 52.32 |
| | | | | 400m: 7:06.71 | 49.07 |
| 8. | Chris Louwersheimer | WZ&PC Purmerend | 7:20.53 | 200801849 | 7:08.16 |
| | 50m: 47.76 | 47.76 150m: 2:37.51 | 55.63 | 250m: 4:28.31 | 54.69 |
| | 100m: 1:41.88 | 54.12 200m: 3:33.62 | 56.11 | 300m: 5:23.43 | 55.12 |
| | | | | 350m: 6:17.16 | |
| | | | | 400m: 7:08.16 | |
| 9. | Harold Hollmann | Aquafit | 7:38.76 | 200802455 | 7:15.31 |
| | 50m: 49.25 | 49.25 150m: 2:39.65 | 56.01 | 250m: 4:33.21 | 56.38 |
| | 100m: 1:43.64 | 54.39 200m: 3:36.83 | 57.18 | 300m: 5:25.76 | 52.55 |
| | | | | 350m: 6:17.72 | 51.96 |
| | | | | 400m: 7:15.31 | 57.59 |
| 10. | Luca de Vries | EZV | 7:45.18 | 200902787 | 7:37.23 |
| | 50m: 53.17 | 53.17 150m: 2:49.41 | 1:00.05 | 250m: 4:45.79 | 58.82 |
| | 100m: 1:49.36 | 56.19 200m: 3:46.97 | 57.56 | 300m: 5:45.06 | 59.27 |
| | | | | 350m: 6:41.89 | 56.83 |
| | | | | 400m: 7:37.23 | 55.34 |
| 11. | Bart de Vries | EZV | 7:45.12 | 200900237 | 9:08.73 |
| | 50m: 1:03.62 | 1:03.62 150m: 3:26.62 | 1:12.14 | 250m: 5:49.85 | 1:11.40 |
| | 100m: 2:14.48 | 1:10.86 200m: 4:38.45 | 1:11.83 | 300m: 6:19.87 | 30.02 |
| | | | | 350m: 8:08.30 | 1:48.43 |
| | | | | 400m: 9:08.73 | 1:00.43 |

Programmanr. 9
19-1-2020 - 14:20

Meisjes, 400m vrije slag

Minioren 5
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|-------------------|---------------------|---------|---------------|----------------|
| 1. | Elin Brinkhof | WZ&PC Purmerend | 5:18.85 | 200900078 | 5:16.17 |
| | 50m: 36.00 | 36.00 150m: 1:36.00 | 20.45 | 250m: 3:17.50 | 40.58 |
| | 100m: 1:15.55 | 39.55 200m: 2:36.92 | 1:00.92 | 300m: 3:57.95 | 40.45 |
| | | | | 350m: 4:38.48 | 40.53 |
| | | | | 400m: 5:16.17 | 37.69 |
| 2. | Madeleine Bertram | WZ&PC Purmerend | 5:25.17 | 200900516 | 5:17.21 |
| | 50m: 36.66 | 36.66 150m: | | 250m: | 35.0m: |
| | 100m: 1:16.65 | 39.99 200m: 2:38.39 | | 300m: | 400m: 5:17.21 |
| 3. | Nikki Hofland | MSV-Zeemacht | 5:30.00 | 200900244 | 5:33.86 |
| | 50m: 37.00 | 37.00 150m: 2:00.88 | 42.78 | 250m: 3:26.86 | 42.38 |
| | 100m: 1:18.10 | 41.10 200m: 2:44.48 | 43.60 | 300m: 4:12.14 | 45.28 |
| | | | | 350m: 4:54.29 | 42.15 |
| | | | | 400m: 5:33.86 | 39.57 |
| 4. | Dante van Meene | DAW | 6:13.27 | 200900678 | 5:59.34 |
| | 50m: 39.42 | 39.42 150m: 2:09.30 | 44.71 | 250m: 3:42.17 | 45.56 |
| | 100m: 1:24.59 | 45.17 200m: 2:56.61 | 47.31 | 300m: 4:27.47 | 45.30 |
| | | | | 350m: 5:15.43 | 47.96 |
| | | | | 400m: 5:59.34 | 43.91 |
| 5. | Chaya Bremer | MSV-Zeemacht | 7:19.62 | 200900372 | 6:04.89 |
| | 50m: 42.93 | 42.93 150m: 2:13.28 | 46.19 | 250m: 3:45.64 | 46.21 |
| | 100m: 1:27.09 | 44.16 200m: 2:59.43 | 46.15 | 300m: 4:32.94 | 47.30 |
| | | | | 350m: 5:18.86 | 45.92 |
| | | | | 400m: 6:04.89 | 46.03 |
| 6. | Lieke Schuijl | MSV-Zeemacht | 6:30.00 | 200900924 | 6:07.94 |
| | 50m: 40.88 | 40.88 150m: 2:14.15 | 47.15 | 250m: 3:49.09 | 47.63 |
| | 100m: 1:27.00 | 46.12 200m: 3:01.46 | 47.31 | 300m: 4:37.40 | 48.31 |
| | | | | 350m: 5:25.09 | 47.69 |
| | | | | 400m: 6:07.94 | 42.85 |
| 7. | Amber Kunst | DAW | 6:19.72 | 200900680 | 6:11.36 |
| | 50m: 42.51 | 42.51 150m: 2:13.04 | 47.43 | 250m: 3:49.78 | 48.41 |
| | 100m: 1:25.61 | 48.27 200m: 3:01.37 | 48.33 | 300m: 4:38.18 | 48.40 |
| | | | | 350m: 5:26.43 | 48.25 |
| | | | | 400m: 6:11.36 | 44.93 |
| 8. | Flo Streep | DAW | 6:47.66 | 200900676 | 6:18.97 |
| | 50m: 42.97 | 42.97 150m: 2:19.54 | 49.50 | 250m: 3:57.00 | 49.66 |
| | 100m: 1:30.04 | 47.07 200m: 3:07.34 | 47.80 | 300m: 4:45.58 | 48.58 |
| | | | | 350m: 5:33.60 | 48.02 |
| | | | | 400m: 6:18.97 | 45.37 |
| 9. | Megan Snoek | DAW | 6:24.93 | 200900888 | 6:19.42 |
| | 50m: 42.51 | 42.51 150m: 2:20.77 | 49.99 | 250m: 3:55.90 | 46.32 |
| | 100m: 1:30.78 | 48.27 200m: 3:09.58 | 48.81 | 300m: 4:44.55 | 48.65 |
| | | | | 350m: 5:34.24 | 49.69 |
| | | | | 400m: 6:19.42 | 45.18 |

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 9, Meisjes, 400m vrije slag, Minioren 5

| rang | naam | vereniging | intijd | tijd | RT |
|------|--|------------|---------------|-----------|----------------|
| 10. | Patricia de Leu | De Reuring | 7:00.00 | 200900982 | 6:34.52 |
| | 50m: 41.16 | 41.16 | 150m: 2:19.06 | 50.44 | 250m: 4:00.80 |
| | 100m: 1:28.62 | 47.46 | 200m: 3:10.38 | 51.32 | 300m: 4:54.97 |
| | | | | 50.42 | 350m: 5:42.38 |
| | | | | 54.17 | 400m: 6:34.52 |
| DIS | Jente van Gemeren | DAW | 6:45.62 | 200901738 | 47.41 |
| | <i>AF - De aangegeven afstand niet uitgezwommen.</i> | | | | |

Programmanr. 10
19-1-2020 - 14:35

Jongens, 200m rugslag

Junioren 1 en 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m | 150m | 200m |
|------|---|-----------------|---------|-----------|-------------------|-------|---------|---------|---------|
| 1. | Duncan Koridon | WZ&PC Purmerend | 2:43.93 | 200600085 | 2:41.57 | 38.87 | 1:19.23 | 2:00.60 | 2:41.57 |
| 2. | Ayoub El Gueriri | WZ&PC Purmerend | 2:53.95 | 200601911 | 2:47.62 | 39.42 | 1:21.60 | 2:05.71 | 2:47.62 |
| 3. | Jan van Dreumel | ZV Haerlem | 2:50.40 | 200600167 | 2:50.90 | 44.24 | 1:24.33 | 2:08.67 | 2:50.90 |
| 4. | Marnix Rietveld | ZV Haerlem | 3:00.58 | 200700939 | 2:51.29 | 39.36 | 1:24.21 | 2:09.27 | 2:51.29 |
| 5. | Mike Kloth | MSV-Zeemacht | 3:07.49 | 200602015 | 2:57.05 | 41.02 | 1:26.44 | 2:12.50 | 2:57.05 |
| 6. | Niek Weijdema | Oude Veer | 4:11.78 | 200602009 | 3:02.92 | 43.40 | 1:30.36 | 2:17.46 | 3:02.92 |
| 7. | Jidde Rademaker | De Reuring | 3:11.22 | 200603619 | 3:03.76 | 43.79 | 1:31.21 | 2:19.19 | 3:03.76 |
| 8. | Danny van Geffen | MSV-Zeemacht | 3:17.02 | 200602815 | 3:06.74 | 43.71 | 1:31.10 | 2:19.97 | 3:06.74 |
| 9. | Derek Smit | De Reuring | 3:24.89 | 200702055 | 3:15.04 | 46.34 | 1:38.61 | 2:29.01 | 3:15.04 |
| 10. | Christoph Smit | MSV-Zeemacht | 3:45.38 | 200702629 | S8 3:24.66 | 50.53 | 1:43.37 | 2:35.86 | 3:24.66 |
| 11. | Lucas Schipper | MSV-Zeemacht | 3:40.00 | 200701761 | 3:26.20 | 48.02 | 1:40.46 | 2:34.22 | 3:26.20 |
| 12. | Eric van Heezick | MSV-Zeemacht | 3:10.00 | 200602975 | 3:29.27 | 49.75 | 1:44.70 | 2:39.63 | 3:29.27 |
| 13. | Joey Mulder | EZV | 3:00.50 | 200603077 | 3:33.55 | 51.49 | 1:46.56 | 2:41.58 | 3:33.55 |
| 14. | Lars Mulder | EZV | 3:00.56 | 200603075 | 3:36.81 | 52.35 | 1:48.56 | 2:44.29 | 3:36.81 |
| DIS | Jesse Putters | EZV | 3:21.17 | 200702515 | | | | | |
| | <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> | | | | | | | | |

AFGEM Melle Dilweg De Reuring 2:56.76 200601643

Programmanr. 11
19-1-2020 - 14:50

Meisjes, 100m schoolslag

Junioren 1 en 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---------------------|-----------------|---------|-----------|----------------|-------|---------|
| 1. | Angelina Rolman | WZ&PC Purmerend | 1:26.67 | 200701972 | 1:26.13 | 40.13 | 1:26.13 |
| 2. | Puck Stassen | ZV Haerlem | 1:30.91 | 200801456 | 1:29.16 | 42.86 | 1:29.16 |
| 3. | Mare Luijting | ZV Haerlem | 1:30.84 | 200802938 | 1:29.57 | 42.12 | 1:29.57 |
| 4. | Jennifer de Vries | EZV | 1:32.03 | 200700736 | 1:32.44 | 43.89 | 1:32.44 |
| 5. | Lucia van Leeuwen | ZV Haerlem | 1:37.75 | 200802016 | 1:36.35 | 45.88 | 1:36.35 |
| 6. | Kim van Wijk | WZ&PC Purmerend | 1:45.89 | 200702536 | 1:39.41 | 47.58 | 1:39.41 |
| 7. | Emma Marsman | MSV-Zeemacht | 1:43.16 | 200800814 | 1:39.69 | 48.24 | 1:39.69 |
| 8. | Femke Paus | MSV-Zeemacht | 1:42.08 | 200701772 | 1:40.54 | 47.35 | 1:40.54 |
| 9. | Lana Damjanic | ZV Haerlem | 1:39.13 | 200803760 | 1:43.13 | 47.51 | 1:43.13 |
| 10. | Pascale Goed | MSV-Zeemacht | 1:44.21 | 200800360 | 1:43.98 | 49.18 | 1:43.98 |
| 11. | Tamira Anna Rasban | DAW | 1:44.81 | 200801810 | 1:44.40 | 50.09 | 1:44.40 |
| 12. | Valérie Bais | MSV-Zeemacht | 1:46.38 | 200704200 | 1:44.59 | 48.85 | 1:44.59 |
| 13. | Amelia Symons | DAW | 1:44.19 | 200702130 | 1:44.93 | 50.62 | 1:44.93 |
| 14. | Thirza Gerritsen | WZ&PC Purmerend | 1:44.02 | 200703532 | 1:45.89 | 49.66 | 1:45.89 |
| 15. | Kim Stelling | EZV | 1:46.50 | 200803710 | 1:46.33 | 50.08 | 1:46.33 |
| 16. | Kiara Holmstrom | DAW | 1:48.20 | 200700696 | 1:46.64 | 50.63 | 1:46.64 |
| 17. | Sara van der Kraats | MSV-Zeemacht | 1:50.77 | 200802664 | 1:47.68 | 50.15 | 1:47.68 |
| 18. | Mirthe Kooij | ZV Haerlem | 1:50.38 | 200702242 | 1:48.26 | 51.92 | 1:48.26 |
| 19. | Nicole Rijdsdijk | Oude Veer | 1:52.80 | 200803516 | 1:51.13 | 52.61 | 1:51.13 |
| 20. | Edi Koning | ZV Haerlem | 1:55.54 | 200803252 | 1:52.15 | 53.85 | 1:52.15 |
| 21. | Mara Schooneman | EZV | 1:55.73 | 200704278 | 1:52.34 | 53.27 | 1:52.34 |
| 22. | Lauren Hagenaars | ZV Haerlem | 1:59.86 | 200702244 | 1:53.06 | 52.73 | 1:53.06 |
| 23. | Fleur Assendelft | ZV Haerlem | 1:59.31 | 200701576 | 1:57.43 | 55.66 | 1:57.43 |
| 24. | Reza de Vos | MSV-Zeemacht | 2:13.74 | 200703550 | 1:59.65 | 55.41 | 1:59.65 |
| 25. | Talitha Holtjer | MSV-Zeemacht | 2:00.08 | 200801324 | 2:00.50 | 57.26 | 2:00.50 |
| 26. | Kirsten Hartwijk | WZ&PC Purmerend | 1:52.00 | 200704194 | 2:02.66 | 58.02 | 2:02.66 |
| 27. | Yvon Kooij | De Reuring | 2:09.91 | 200803530 | 2:05.10 | 59.38 | 2:05.10 |
| 28. | Annelin Prins | De Reuring | 2:02.56 | 200803532 | 2:07.16 | 58.55 | 2:07.16 |
| 29. | Anisa Ouadjou | WZ&PC Purmerend | 2:06.36 | 200803740 | 2:11.96 | 59.37 | 2:11.96 |

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 11, Meisjes, 100m schoolslag, Junioren 1 en 2

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|---|-----------------|---------|-----------|----|-----|------|
| DIS | Jinthe Dijkman | WZ&PC Purmerend | 2:15.31 | 200804100 | | | |
| | <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt., SK en SL</i> | | | | | | |
| AFGEM | Ceylin Heemskerk | MSV-Zeemacht | 1:48.16 | 200800358 | | | |
| AFGEM | Natasja Pranger | MSV-Zeemacht | 1:51.14 | 200801052 | | | |
| AFGEM | J. Paardehaar Rodriguez | ZV Haerlem | 1:48.77 | 200803278 | | | |

Programmanr. 12
19-1-2020 - 15:05

Jongens, 50m vlinderslag

Minioren 4 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|----------------|------------|---------|-----------|--------------|
| 1. | Franzi Ziegler | DAW | 44.01 | 201100891 | 45.20 |
| 2. | Mauro Bedeke | DAW | 1:50.00 | 201000537 | 47.74 |
| 3. | Mees Kooij | DAW | 52.38 | 201000909 | 53.65 |

Programmanr. 13
19-1-2020 - 15:05

Meisjes, 100m schoolslag

Minioren 4 en later
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|---|-----------------|---------|-----------|----------------|---------|---------|
| 1. | Romée Smit | MSV-Zeemacht | 1:59.22 | 201100438 | 1:54.11 | 54.22 | 1:54.11 |
| 2. | Elle van Gemeren | DAW | 2:15.00 | 201100428 | 2:00.23 | 57.54 | 2:00.23 |
| 3. | Yuna van den Idsert | DAW | 2:06.79 | 201001196 | 2:07.48 | 59.76 | 2:07.48 |
| 4. | Hiba Essataa | MSV-Zeemacht | 2:07.92 | 201000658 | 2:09.27 | 1:01.88 | 2:09.27 |
| 5. | Ashley Zechner | DAW | 2:15.00 | 201000774 | 2:09.56 | 1:00.75 | 2:09.56 |
| 6. | Minel Haci | WZ&PC Purmerend | 2:10.00 | 201001317 | 2:09.58 | 1:01.94 | 2:09.58 |
| 7. | Romy Vanderheijden | Oude Veer | 2:15.05 | 201100650 | 2:11.39 | 1:00.24 | 2:11.39 |
| 8. | Matilda Rijs | DAW | 2:15.00 | 201001210 | 2:14.26 | 1:02.06 | 2:14.26 |
| 9. | Nami van de Ruit | MSV-Zeemacht | 2:25.00 | 201000660 | 2:22.09 | 1:05.16 | 2:22.09 |
| 10. | Anne de Winter | MSV-Zeemacht | 2:40.00 | 201200520 | 2:29.91 | 1:07.77 | 2:29.91 |
| 11. | Inge Brugman | MSV-Zeemacht | 2:40.00 | 201002102 | 2:33.36 | 1:11.16 | 2:33.36 |
| 12. | Liva van Groningen | WZ&PC Purmerend | 2:15.00 | 201200280 | 2:34.16 | 1:08.62 | 2:34.16 |
| DIS | Lina Hani | MSV-Zeemacht | 2:15.00 | 201001452 | | | |
| | <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | |
| DIS | Ruth de Vos | MSV-Zeemacht | 2:40.00 | 201100662 | | | |
| | <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> | | | | | | |
| DIS | April van Dijk | ZV Haerlem | 2:10.00 | 201200268 | | | |
| | <i>SJ - Na start en/of keerpunt een verkeerde arm- en/of beenslag gemaakt.</i> | | | | | | |
| DIS | Milène de Jong | ZV Haerlem | 2:10.00 | 201100698 | | | |
| | <i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i> | | | | | | |

Programmanr. 14
19-1-2020 - 15:15

Jongens, 100m vlinderslag

Minioren 5 en 6
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|------|--|------------|---------|-----------|----------------|---------|---------|
| 1. | Bram Oudendijk | DAW | 2:00.00 | 200900185 | 1:42.75 | 47.47 | 1:42.75 |
| 2. | Sven van der Veen | Oude Veer | 1:49.95 | 200802719 | 1:51.32 | 54.62 | 1:51.32 |
| 3. | Alex Kuijper | Aquafit | 1:30.00 | 200802137 | 1:53.69 | 49.65 | 1:53.69 |
| 4. | Jens de Mayer | De Reuring | 2:00.00 | 200900775 | 1:54.49 | 54.24 | 1:54.49 |
| 5. | Hielke Haasbroek | Aquafit | 2:08.76 | 200800529 | 2:00.40 | 54.28 | 2:00.40 |
| 6. | Joshua van den Idsert | DAW | 2:30.00 | 200801919 | 2:03.97 | 53.30 | 2:03.97 |
| 7. | Rens Fischer | EZV | 2:00.48 | 200802145 | 2:12.14 | 58.28 | 2:12.14 |
| 8. | Harold Hollmann | Aquafit | 1:50.00 | 200802455 | 2:15.68 | 1:00.00 | 2:15.68 |
| DIS | Lars Oldenbroek | EZV | 2:12.04 | 200902117 | | | |
| | <i>VC - Armen niet over het water naar voren gebracht.</i> | | | | | | |

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 15
19-1-2020 - 15:20

Meisjes, 100m wisselslag

Minioren 5
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 50m | 100m |
|-------|---------------------|-----------------|---------|-----------|----------------|-----|---------|
| 1. | Nikki Hofland | MSV-Zeemacht | 1:20.99 | 200900244 | 1:19.58 | | 1:19.58 |
| 2. | Elin Brinkhof | WZ&PC Purmerend | 1:22.55 | 200900078 | 1:21.86 | | 1:21.86 |
| 3. | Madeleine Bertram | WZ&PC Purmerend | 1:24.20 | 200900516 | 1:22.58 | | 1:22.58 |
| 4. | Megan Snoek | DAW | 1:30.95 | 200900888 | 1:28.99 | | 1:28.99 |
| 5. | Chaya Bremer | MSV-Zeemacht | 1:34.55 | 200900372 | 1:29.15 | | 1:29.15 |
| 6. | Amber Kunst | DAW | 1:29.55 | 200900680 | 1:29.91 | | 1:29.91 |
| 7. | Lieke Schuijl | MSV-Zeemacht | 1:34.02 | 200900924 | 1:30.53 | | 1:30.53 |
| 8. | Flo Streep | DAW | 1:36.31 | 200900676 | 1:32.58 | | 1:32.58 |
| 9. | Patricia de Leu | De Reuring | 1:36.35 | 200900982 | 1:32.77 | | 1:32.77 |
| 10. | Dante van Meene | DAW | 1:32.56 | 200900678 | 1:36.37 | | 1:36.37 |
| 11. | Anniek de Jong | ZV Haerlem | 1:35.57 | 200901788 | 1:40.06 | | 1:40.06 |
| 12. | Tatum Tuihof | Oude Veer | 1:46.63 | 200902488 | 1:40.40 | | 1:40.40 |
| 13. | Naomi Vanderheijden | Oude Veer | 1:48.56 | 200902486 | 1:43.52 | | 1:43.52 |
| 14. | Esra Pellenkoft | De Reuring | 1:58.17 | 200902504 | 1:47.87 | | 1:47.87 |
| 15. | Lily van Dijk | ZV Haerlem | 1:47.74 | 200901878 | 1:49.19 | | 1:49.19 |
| 16. | Rivka Greuter | ZV Haerlem | 2:00.00 | 200902080 | 1:52.66 | | 1:52.66 |
| 17. | Bente van Heumen | EZV | 2:05.15 | 200903116 | 1:56.70 | | 1:56.70 |
| 18. | Jildau Boonstra | MSV-Zeemacht | 2:10.00 | 200902236 | 2:00.43 | | 2:00.43 |
| 19. | Lynne Vroone | Oude Veer | 2:03.85 | 200901858 | 2:08.64 | | 2:08.64 |
| AFGEM | Jente van Gemeren | DAW | 1:35.76 | 200901738 | | | |
| AFGEM | Joy Langeveld | ZV Haerlem | 1:46.71 | 200902078 | | | |

Programmanr. 16
19-1-2020 - 15:30

50m vrije slag benen

Junioren 1 en 2
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|---------------------------------|---------------------------|-----------------|---------|-----------|----------------|
| Junioren 1 en 2, Meisjes | | | | | |
| 1. | Angelina Rolman | WZ&PC Purmerend | 45.00 | 200701972 | 40.85 |
| 2. | Mare Luijting | ZV Haerlem | 1:00.00 | 200802938 | 52.92 |
| 3. | Thirza Gerritsen | WZ&PC Purmerend | 1:00.00 | 200703532 | 53.38 |
| 4. | Pascale Goed | MSV-Zeemacht | 1:04.00 | 200800360 | 55.76 |
| 5. | Kim van Wijk | WZ&PC Purmerend | 1:00.00 | 200702536 | 55.86 |
| 6. | Kiara Holmstrom | DAW | 1:20.00 | 200700696 | 55.99 |
| 7. | Reza de Vos | MSV-Zeemacht | 1:10.00 | 200703550 | 56.29 |
| | Amelia Symons | DAW | 1:20.00 | 200702130 | 56.29 |
| 9. | Femke Paus | MSV-Zeemacht | 1:03.00 | 200701772 | 56.31 |
| 10. | Puck Stassen | ZV Haerlem | 1:00.00 | 200801456 | 56.34 |
| 11. | Mirthe Kooij | ZV Haerlem | 1:15.00 | 200702242 | 57.93 |
| 12. | Edi Koning | ZV Haerlem | 1:25.00 | 200803252 | 59.13 |
| 13. | Lana Damjanic | ZV Haerlem | 1:15.00 | 200803760 | 59.18 |
| 14. | Valérie Bais | MSV-Zeemacht | 1:03.00 | 200704200 | 59.36 |
| 15. | Kirsten Hartwijk | WZ&PC Purmerend | 1:15.00 | 200704194 | 59.66 |
| 16. | Nicole Rijdsdijk | Oude Veer | 59.60 | 200803516 | 1:00.16 |
| 17. | Lucia van Leeuwen | ZV Haerlem | 1:00.00 | 200802016 | 1:01.97 |
| 18. | Mara Schooneman | EZV | 53.18 | 200704278 | 1:03.03 |
| 19. | Talitha Holtjer | MSV-Zeemacht | 1:04.00 | 200801324 | 1:03.55 |
| 20. | Kim Stelling | EZV | 43.95 | 200803710 | 1:04.31 |
| 21. | Jennifer de Vries | EZV | 48.98 | 200700736 | 1:05.79 |
| 22. | Tamira Anna Rasban | DAW | 1:20.00 | 200801810 | 1:07.18 |
| 23. | Sara van der Kraats | MSV-Zeemacht | 1:10.00 | 200802664 | 1:08.30 |
| 24. | Yvon Kooij | De Reuring | 1:40.00 | 200803530 | 1:09.40 |
| 25. | Fleur Assendelft | ZV Haerlem | 1:15.00 | 200701576 | 1:14.90 |
| 26. | Jinthe Dijkman | WZ&PC Purmerend | 1:10.00 | 200804100 | 1:15.66 |
| 27. | Annelin Prins | De Reuring | 1:40.00 | 200803532 | 1:19.11 |
| 28. | Lauren Hagenaaars | ZV Haerlem | 1:25.00 | 200702244 | 1:24.24 |
| 29. | Anisa Oudjou | WZ&PC Purmerend | 1:10.00 | 200803740 | 1:36.89 |
| AFGEM | Ceylin Heemskerk | MSV-Zeemacht | 1:04.00 | 200800358 | |
| AFGEM | Emma Marsman | MSV-Zeemacht | 1:10.00 | 200800814 | |
| AFGEM | Natasja Pranger | MSV-Zeemacht | 1:06.00 | 200801052 | |
| AFGEM | Jada Paardehaar Rodriguez | ZV Haerlem | 1:15.00 | 200803278 | |

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 16, 50m vrije slag benen

Junioren 1 en 2, Jongens

| | | | | | |
|-------|------------------|-----------------|---------|-----------|-----------------------|
| 1. | Marnix Rietveld | ZV Haerlem | 1:00.00 | 200700939 | 44.87 |
| 2. | Jidde Rademaker | De Reuring | 1:00.00 | 200603619 | 45.86 |
| 3. | Derek Smit | De Reuring | 1:00.00 | 200702055 | 47.49 |
| 4. | Mike Kloth | MSV-Zeemacht | 58.00 | 200602015 | 47.90 |
| 5. | Duncan Koridon | WZ&PC Purmerend | 48.00 | 200600085 | 50.18 |
| 6. | Christoph Smit | MSV-Zeemacht | 1:00.00 | 200702629 | S8SB8SM8 52.14 |
| 7. | Jan van Dreumel | ZV Haerlem | 1:00.00 | 200600167 | 53.04 |
| 8. | Eric van Heezick | MSV-Zeemacht | 58.00 | 200602975 | 53.08 |
| 9. | Ayoub El Gueriri | WZ&PC Purmerend | 50.00 | 200601911 | 54.70 |
| 10. | Niek Weijdema | Oude Veer | 57.89 | 200602009 | 55.56 |
| 11. | Danny van Geffen | MSV-Zeemacht | 1:10.00 | 200602815 | 1:02.26 |
| 12. | Jesse Putters | EZV | 44.00 | 200702515 | 1:11.25 |
| 13. | Lucas Schipper | MSV-Zeemacht | 1:10.00 | 200701761 | 1:12.94 |
| 14. | Joey Mulder | EZV | 40.15 | 200603077 | 1:14.69 |
| 15. | Lars Mulder | EZV | 40.53 | 200603075 | 1:15.36 |
| AFGEM | Melle Dilweg | De Reuring | 50.00 | 200601643 | |

Programmanr. 17
19-1-2020 - 15:45

50m vrije slag benen

Minioren 5 en 6
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|----------------------------|---------------------|-----------------|---------|-----------|----------------|
| Minioren 5, Meisjes | | | | | |
| 1. | Madeleine Bertram | WZ&PC Purmerend | 50.00 | 200900516 | 46.39 |
| 2. | Elin Brinkhof | WZ&PC Purmerend | 50.00 | 200900078 | 49.41 |
| 3. | Nikki Hofland | MSV-Zeemacht | 58.00 | 200900244 | 51.26 |
| 4. | Anniek de Jong | ZV Haerlem | 1:15.00 | 200901788 | 53.11 |
| 5. | Megan Snoek | DAW | 1:20.00 | 200900888 | 53.37 |
| 6. | Patricia de Leu | De Reuring | 1:00.00 | 200900982 | 55.13 |
| 7. | Amber Kunst | DAW | 1:20.00 | 200900680 | 57.20 |
| 8. | Lieke Schuijl | MSV-Zeemacht | 1:05.00 | 200900924 | 58.72 |
| 9. | Chaya Bremer | MSV-Zeemacht | 1:03.00 | 200900372 | 59.22 |
| 10. | Rivka Greuter | ZV Haerlem | 1:25.00 | 200902080 | 1:01.23 |
| 11. | Tatum Tuihof | Oude Veer | 1:03.41 | 200902488 | 1:01.45 |
| 12. | Dante van Meene | DAW | 1:20.00 | 200900678 | 1:02.55 |
| 13. | Esra Pellenkoft | De Reuring | 1:40.00 | 200902504 | 1:03.17 |
| 14. | Flo Streep | DAW | 1:20.00 | 200900676 | 1:03.59 |
| 15. | Jildau Boonstra | MSV-Zeemacht | 1:10.00 | 200902236 | 1:03.78 |
| 16. | Lynne Vroone | Oude Veer | 1:13.24 | 200901858 | 1:08.98 |
| 17. | Bente van Heumen | EZV | 48.30 | 200903116 | 1:11.77 |
| 18. | Naomi Vanderheijden | Oude Veer | 1:13.28 | 200902486 | 1:12.86 |
| 19. | Lily van Dijk | ZV Haerlem | 1:15.00 | 200901878 | 1:18.31 |
| AFGEM | Jente van Gemeren | DAW | 1:20.00 | 200901738 | |
| AFGEM | Joy Langeveld | ZV Haerlem | 1:15.00 | 200902078 | |

Minioren 5 en 6, Jongens

| | | | | | |
|-----|-----------------------|-----------------|---------|-----------|-------------------|
| 1. | Benjamin Knauf | DAW | 1:20.00 | 200803085 | 55.77 |
| 2. | Bram Oudendijk | DAW | 1:20.00 | 200900185 | 56.45 |
| 3. | Colin Koridon | WZ&PC Purmerend | 1:00.72 | 200900039 | 57.68 |
| 4. | Alex Kuijper | Aquafit | 45.00 | 200802137 | 59.76 FJ 1 |
| 5. | Hielke Haasbroek | Aquafit | 45.00 | 200800529 | 59.76 FJ 2 |
| 6. | Sven van der Veen | Oude Veer | 57.89 | 200802719 | 1:00.10 |
| 7. | Kevin Tambach | De Reuring | 1:30.00 | 200902125 | 1:04.76 |
| 8. | Joshua van den Idsert | DAW | 1:20.00 | 200801919 | 1:06.49 |
| 9. | Luca de Vries | EZV | 1:05.20 | 200902787 | 1:07.02 |
| 10. | Chris Louwersheimer | WZ&PC Purmerend | 1:13.87 | 200801849 | 1:09.29 |
| 11. | Jelte Boonstra | MSV-Zeemacht | 1:10.00 | 200901867 | 1:12.22 |
| 12. | Lars Oldenbroek | EZV | 47.68 | 200902117 | 1:21.95 |
| 13. | Harold Hollmann | Aquafit | 45.00 | 200802455 | 1:36.56 |
| 14. | Bart de Vries | EZV | 1:05.87 | 200900237 | 1:58.85 |

Minioren-Junioren Circuit deel 3
Den Helder, 19-1-2020

Programmanr. 18
19-1-2020 - 15:55

Gemengd, 4 x 25m vrije slag

Minioren 4 en later
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|-------------------|----------------------|----------------|----|
| 1. | DAW 1 | 1:41.21 | 1:12.81 | |
| | Franzi Ziegler 11 | Mauro Bedeke 10 | 10 | |
| | Ashley Zechner 10 | Matilda Rijs 10 | 10 | |
| 2. | MSV-Zeemacht 1 | 1:35.51 | 1:16.55 | |
| | Lina Hani 10 | Hiba Essataa 10 | 10 | |
| | Emil Fuchs 10 | Romée Smit 11 | 11 | |
| 3. | MSV-Zeemacht 2 | 1:45.21 | 1:40.88 | |
| | Ids Boonstra 11 | Giovanni Wolfgang 11 | 11 | |
| | Inge Brugman 10 | Anne de Winter 12 | 12 | |